



#LIVESNOT KNIVES



FOLLOW OUR 10 STEP GUIDE TO HELP YOU TALK TO A YOUNG PERSON ABOUT NOT CARRYING A KNIFE.

WE START THE

CONVERSATION

ARE YOU WORRIED ABOUT A YOUNG PERSON OR A FRIEND?

Family, friends, teachers and role models are an important influence on a young person, and we can have a powerful effect. It might be a difficult conversation – but talking about knife carrying is critical to finding a solution.

When you speak to a young person, it's important to be clear that they have a choice, even when they think they may not.

STEP 1

Find a time to chat comfortably

STEP 2

They might be reluctant to talk to you, so why not use recent news as a conversation starter

STEP 3

Discuss each other's views on knives, remember you're there to listen and support them.

STEP 4

Understand that they might feel like they don't have any other choices, support them to see that they do.

STEP 5

Explain that knives do not give protection. Carrying one could mean prison, serious consequences or getting hurt themselves.

STEP 6

Say the bravest thing to do is to walk away from a dangerous situation.

STEP 7

Explore excuses with them that they can use to walk away.

STEP 8

For example, they might say they have to pick up a younger sibling or you could arrange to call them if they send you a text.

STEP 9

Reassure them that most people their age and older do not carry knives.

STEP 10

Explain they can always report their concerns about anyone carrying a knife anonymously through Fearless, an organisation designed to help young people.



I WANT MORE INFORMATION ABOUT KNIFE CRIME. WHERE CAN I GO?

Visit our website to find more resources:

WWW.LEICS.POLICE.UK